

SDBC D-4 Standard Route		Distance	Elevation
Start	Start in UC Cyclery Parking Lot	0	0
Right	Turn right onto Nobel Drive	0.02	327.76
Left	Turn left onto Regents Road	0.82	339.9
Left	Turn left onto Miramar Street	1.36	354
Right	Quick Right Mesa Ln	1.45	350.72
Left	Quick left onto Athena Circle	1.48	335.96
Slight Rt	Keep right onto Athena Circle	1.61	329.07
Left	Turn left onto Medical Center Drive	1.71	327.43
Right	Turn right onto Gilman Drive	2.19	323.16
Straight	Cross Voigt St to Bike Path	2.55	342.19
Right	Turn right onto Roselle Street	4.12	35.1
Left	Turn left onto Sorrento Valley Boulevard	4.21	37.68
Left	Turn left onto Vista Sorrento Parkway	4.41	35.76
Right	Turn right onto Carmel Mountain Road	5.8	169.95
Left	Turn left onto El Camino Real	5.98	175.2
Left	Turn left (west) onto Via de la Valle After Regroup in parking lot across the intersection	11.11	26.9
Right	Turn right onto South Cedros Avenue	13.33	72.18
Left	Turn Left Lomas Santa Fe	14.18	70.54
Left	Turn left onto Hwy 101	14.25	71.85
Right	Turn Rt CVS Parking Lot Cafe La Terre	14.48	71.85
Right	Turn right onto Hwy 101	14.56	71.85
Straight	Continue onto Camino Del Mar	15.12	65.62
Right	Turn right to stay on N Torrey Pines Rd	21.7	419.95
Straight	Continue onto La Jolla Village Dr	23.32	405.18
Right	Turn right onto the Gilman Drive ramp	23.44	372.38
Right	Turn right onto Gilman Dr	23.58	305.77
Left	Turn left onto Villa La Jolla Dr	24.09	243.11
Right	Turn right onto Nobel Dr	24.41	324.48
Right	Turn right into UC Cyclery Parking Lot	24.45	327.76
End	End of route	24.48	328.74